## **HEATING INSTRUCTIONS - NUTRITION SERVICES**

\*These are microwaveable containers. Remove lid and vent for cooking. Do not place containers in oven!

Container top placed at angle to vent for cooking



THAI SWEET CHILI CHICKEN / WHITE RICE (Allergens - Egg, Soy, Wheat)
ROTINI AND BEEF MEAT SAUCE (Allergens - Milk, Wheat)
ORANGE CHICKEN WITH WHITE RICE / FRIED RICE (Allergens - Soy, Wheat, Egg) FRENCH TOAST PANCAKES, MINI or CINI MINI **Microwave:** Place 1 Package (Glaze Side Up) On A Microwave Safe Plate. Do Not Remove Or Opei Outer Wrapper. Heat At Full Power (Based On Microwave: Remove from packaging, place on microwave safe plate and microwave for 60 seconds . Allow to cool before eating. SWEET AND SOUR CHICKEN WITH WHITE RICE / FRIED RICE (Allergens - Egg, Soy, Wheat) KUNG PAO CHICKEN WITH FRIED RICE / WHITE RICE 1100 Watt Microwave). Frozen: Cook 60 Seconds. **Oven:** Preheat To 350°F. Place Packages (Glaze **Oven:** Remove pancakes from packaging, place on oven safe plate. Heat at 350°F until warm. GENERAL TSO CHICKEN WITH FRIED RICE / WHITE RICE (Allergens - Egg, Soy, Wheat) TERIYAKI CHICKEN WITH FRIED RICE / WHITE RICE Side Up) On Baking Sheet. Do Not Remove Or Open Outer Wrapper. Frozen: Cook 14 Minutes. PENNE ALFREDO WITH CHICKEN (Allergens - Egg, Soy, Wheat) Microwave: Remove lid from container and gently place on top container at a angle to vent. Heat minute to 2 minutes to 165° Oven: Remove from container, stir and place in oven proof container. SAUSAGE PATTIES BEEF TACO IN A BAG CHICKEN TACO IN A BAG BEEF CHEDDAR HOAGIE (Allergens - Milk, Wheat) **Microwave:** Remove from bag and place on microwave save plate and heat until 135°F **Oven:** Remove from bag ang place on oven safe plate. Heat in 350°F oven until 165°F Microwave: Remove lid from container. Heat 1 minute to 165°F Oven: Remove from container and place in oven proof container. Heat in a oven at 350°F until 165°

ITALIAN DUNKER/GARLIC CHEESE BREAD/PEPPERONI PIZZA

**Microwave Oven Instructions (1100 Watts:** 1. Place 1 pizza on microwave safe plate in center of microwave. 2. Cook 2 1/4 TO 3 1/4 minutes if frozen or 1 1/2 TO 2 1/2 minutes if refrigerated. Let set 30 seconds before serving.

Conventional Over Instructions: 1. Preheat oven to 425°F. 2. Place pizza on baking sheet. 3. Cook 16 to 20 minutes if frozen or 11 to 14 minutes if refrigerated. NOTE: APPLIANCES MAY VARY, ADJUST COOKING TIMES AND/OR TEMPERATURES ACCORDINGLY. REFRIGERATE OR DISCARD ANY UNUSED PORTION.

MACARONI AND CHEESE, IN CONTAINER OR POUCH (Allergens - Egg, Milk, Wheat)

Microwave: Remove from container and place in microwave safe bowl. Do Not Cook in container. Product will bubble over.
Heat 1 minute stir and microwave additional 30 seconds to 165°F

Oven: Remove from container and place in oven proof container. Heat in a oven at 350°Funtil 165°.

MINI CHICKEN CORN DOGS
BEEF CHEESEBURGER
CHICKEN STRIPS
SAUSAGE PATTIES
HASHBROWN PATTY
BREADED CHICKEN DRUMSTICK
CHICKEN SANDWICH

**Microwave:** Remove from package and place on microwave safe plate Heat until 165°F.

Oven: Remove from package and place on oven proof pan. Heat at 350°F until 165°F.

FRESH FRUITS CHEESE STICKS ASSORED VEGETABLES MILK SALSA
BREAKFAST BARS
CHIPS
COOKIES
CEREAL, ASSORTED
CONDIMENTS

BEEF HOTDOG

GRILLED CHEESE SANDWICH BEEF BBQ RIB SANDWICH

Room Temp

\*All products are precooked and safe to be consumed without heating. \*All products must reach 165°F after done cooking. Continue cooking until 165°F is reached We would appreciate your feedback on this menu! Please go to the following link and complete the survey. Thank you <a href="https://tinyurl.com/yxeazcn3">https://tinyurl.com/yxeazcn3</a>