## 2022 September



## **High School Breakfast**

ISD (5) 279

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	6	7	8	9
	French Toast	Breakfast Sandwich (Chicken Sausage, Egg, and Cheese on an English Muffin)	Dutch Waffle	Breakfast Pizza (Turkey sausage and cheese)
	Chicken Sausage Patty			Yogurt
	Applesauce Cup	Fruit	Fruit	Fruit
	100% Fruit Juice Milk	100% Fruit Juice Milk	100% Fruit Juice Milk	100% Fruit Juice Milk
12	13	14	15	16
Pancake Turkey Sausage Breakfast Bites	Whole Grain Cinnamon Roll	Breakfast Sandwich (Chicken Sausage, Egg, and Cheese on an English Muffin)	Dutch Waffle	Pancakes
Hashbrown Patty				Hashbrown Patty
Fruit	Fruit	Fruit	Applesauce Cup	Fruit
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
Milk	Milk	Milk	Milk	Milk
19	20	21	22	23
Pancake Turkey Sausage Breakfast Bites	French Toast	Breakfast Sandwich (Chicken Sausage, Egg, and Cheese on an English Muffin)	Dutch Waffle	Whole Grain Glazed Long John
Hashbrown Patty	Chicken Sausage Patty			
Fruit	Applesauce Cup	Fruit	Fruit	Fruit
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
Milk	Milk	Milk	Milk	Milk
26	27	28	29	30
Pancake Turkey Sausage Breakfast Bites	Whole Grain Cinnamon Roll	Breakfast Sandwich (Chicken Sausage, Egg, and Cheese on an English Muffin)	Dutch Waffle	Pancakes
Hashbrown Patty				Hashbrown Patty
Fruit	Fruit	Fruit	Applesauce Cup	Fruit
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
Milk	Milk	Milk	Milk	Milk

## **Additional Cold Option may include:**

Hardboiled Egg with Graham Cracker

Assorted Cereal with Yogurt or Cheese Stick

Breakfast Bar and Yogurt or Cheese Stick

Giant Goldfish Cracker and Yogurt or Cheese Stick

Breakfast Bread and Yogurt or Cheese Stick

Breakfast Muffin and Yogurt or Cheese Stick

\*In the event that school is closed due to inclement weather, the menu offerings from the initial day school is closed will be the offerings on the following school day.

This institution is an equal opportunity provider.